

In Memoriam

In Memory of:
Joseph J. McAvoy
(09/10/1933—08/30/2021)



In Loving Memory of:

Benedict Edward Cowan
May 2nd, 2025 - May 2nd, 2025



Philip Knowles
July 24th, 1965 - November 19th, 2024



In Loving Memory of:
Reid Stanley
(5/22/1952 - 1/20/2025)



In Memory of:
Robert Taylor
(12/13/1948 - 10/19/2023)
Charlene Taylor
(01/07/1943 ~ 02/20/2020)



In Loving Memory Of
Richard Rush
(01/02/1931—1/24/2024)
Celine Rush
(07/08/1936 ~ 11/04/2021)
Christopher Rush
(4/17/55 ~ 1/8/22)



In Loving Memory Of:
Robert Allen
(10/13/46 ~ 10/18/21)
Andrew Allen
(06/14/65 ~ 12/05/20)



Albert J. Qualey
(08/20/1923 ~ 06/11/2012)
Rowena Qualey
(9/22/1927 ~ 8/01/2017)
Michael Qualey
(6-21-52 - 12-16-2001)



In Loving Memory
Martin Qualey
(2/16/1984 ~ 7/24/2017)



Wesley "Jim" Cunningham
10/26/1931 - 01/11/2008



Richard M. Cunningham
03/14/1962 -

Edward Rush
(5/25/1920 ~ 10/17/2013)
Mary Rush
(12/04/1921 ~ 6/05/2005)



John W. Allen
(1912 ~ 1/02/2004)
Margaret L. Allen
(4/03/1924 ~ 11/19/2005)



Anthony "TJ" D. Ryan, Jr.
3/25/1978 - 10/8/2025



Otis M. Hunt
(6/15/1936 ~ 5/30/1999)
Mary Ellen Hunt
(1/30/36 ~ 4/17/17)



"Oh Jesus, bless those living and dead, who have loved me to the Holy Altar."

A Remembrance of the Ordination
to the Priesthood of
Rev. James Clifford Brown
(6/6/1936 ~ 4/6/1941)
Brother Benedict Brown, O.F.M.
(3/23/1891 ~ 7/18/1969)
Sons of St. Benedict's Parish



Lovingly Remembered
Anders Staats Nielsen
07/07/2019



Basil & Margaret McAvoy
(8/5/1921 ~ 7/31/1969;
9/29/1923 ~ 12/30/2014)
Linda McAvoy Bouchard
(2/22/1945 ~ 1/6/1982)
Mary McAvoy Lowe
(10/15/1957 ~ 2/9/2005)
Anna McAvoy
(6/28/1964 ~ 7/30/2011)



Fred Lewis
(11/25/1897 ~ 7/05/1995)
Ethel Lewis
(5/12/1897 ~ 10/07/1981)
W. H. Lewis
(4/19/1923 ~ 03/28/2001)
Helen Lewis
(7/23/1926 ~ 10/19/2005)
Susan L Brooks
(8/01/1954 ~ 1/20/2009)



Lovingly Remembered
James C. (Buster) Guiggey
(4/8/1927 ~ 12/4/2010)



In Loving Memory Of
Lloyd E. Bryant (1928 ~ 1987)
Esther Grass Bryant (1931 ~ 1988)



In Loving Memory Of
Joseph P. Rush, Jr.
(11/02/1928 - 04/12/2013)
Jane M. Rush
(02/03/1930 - 09/02/2013)
Jacqueline M. Rush-Johnson
(05/04/1972 - 03/26/1996)



Francis H. Qualey
(5/22/1914 ~ 2/28/2000)
Margaret R. Qualey
(11/6/1919 ~ 5/01/2018)
Peter Qualey
(12/17/1948 ~ 09/07/2020)



Lovingly Remembered
Leo Joseph Crowe
(9/5/1935 ~ 1/8/2019)



In Loving Memory Of
Leo Crowe
(3/19/1893 ~ 12/17/1975)
Molly Crowe
(2/13/1900 ~ 11/18/1967)
Mary Crowe McDonough
(2/27/1937 ~ 9/28/2002)



St. Benedict's Parish

Pastor: Rev. Fr. Sefembiy Justin
Emergency Number 765-4114
e-mail: sefembiy.justin@portlanddiocese.org



St. Benedict's is a family-oriented community of faith, called through our baptism to give witness to trust, love, understanding, and patience. We are a family that is nourished by the sacraments, and led by the Spirit.
Welcome to our Family!

Pastor's Message

Theme: Embracing Humility in Life

Dear Brothers and Sisters in Christ,

Today's readings call us to embrace the humility of life. In the Beatitudes, we discover that God's Blessings belong to the poor in spirit, the meek and those who rely entirely on Him.

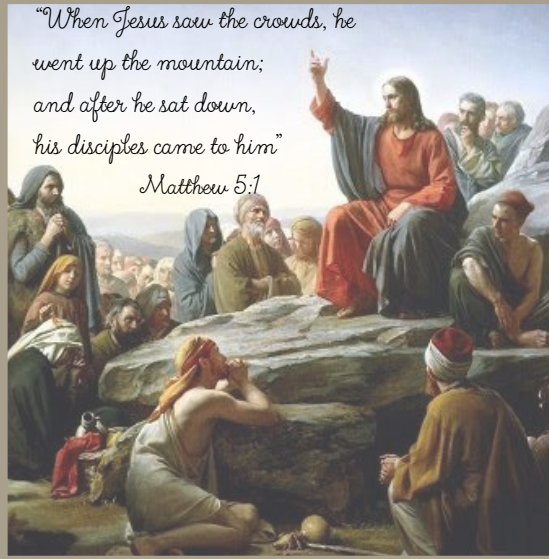
The Prophet Zephaniah in the First reading speaks of the humble and the lowly as those who seek and find refuge and shelter in the Lord. In a world that often value power and privilege, Zephaniah reminds us that God's favor rest on the meek and lowly. The Psalm echoes this same sentiment by calling us to live a life of justice and integrity. It is the pure in heart and those who do what is right who will find joy in the presence of the lord.

In the Second reading from St. Paul's letter to the Corinthians, this message of humility is further reflected upon. He reminds us that God chooses the weak and foolish to shame the wise for His ways are often contrary to the ways of the world. We are not defined by our status or achievements but by our identity as beloved children of God. It is in our humility and reliance on God that we discover true worth and purpose in life.

In the Gospel text from Matthew, we are presented with the Beatitudes, the blueprints for Christian living. They are the way of blessedness. Jesus proclaims blessings upon the poor in spirit, those who mourn, the meek and the peace makers. Each of these qualities reflect a heart opened to God's grace and a life lived for others. They challenge us to rethink our priorities and values in the light of God's Kingdom. Let each one of us ask himself or herself: In a world that often glorify the powerful and ignore the weak, how can I embody the humility and compassion that Jesus our Lord and Master champions and serve the marginalized and those in need?

St. Augustine says, "Do you wish to rise, then begin by descending." May God bless, protect and keep you in your efforts to serve Him and humanity in humility and compassion after His very Heart.

AMEN



"When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him"
Matthew 5:1

WINTER MASS SCHEDULE

SUNDAYS 10:30 AM
FRIDAYS 9:00 AM

ADORATION & CONFESSION

④8:00AM FRIDAYS OR
BY APPOINTMENT

EUCCHARISTIC ADORATION

2ND SUNDAY OF THE MONTH
AFTER MASS UNTIL 3:00PM

COMMUNION FOR THE HOMEBOUND

CALL DEACON DAN (207) 731-8111

FAITH FORMATION

ANNA ROBINSON (207) 267-0586

PARISH OFFICE

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(207) 365-4294
LISA AMMERMAN, ADMIN. ASST.
LISAAMMERMAN@PORTLANDDIOCESE.ORG

OFFICE HOURS

TUES. 8:30-11:30 THURS. 8:30-11:30
FRI. 9:30-11:30
AFTER MASS ON SUNDAYS
OR BY APPOINTMENT 746-7960

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"To Work is to Pray"

Did You Know.....

DID YOU KNOW.....What is the OFFERING?

This week we look at the *Oblation*, where the Church "offers the unblemished sacrificial Victim in the Holy Spirit to the Father... as well as our very selves" (GIRM, 79). The prayers that follow the Memorial Acclamation help us to recall *the Mass as the one perfect sacrifice, as well as our participation in that sacrifice.*

Placing Ourselves on the Altar with Christ

Perhaps you will recognize these words from Eucharistic Prayer I: "We, your servants and your holy people, offer to your glorious majesty from the gifts that you have given us, this pure victim, this holy victim, this spotless victim, the holy Bread of eternal life and the Chalice of everlasting salvation." "As we offer to God the gifts, we offer to Him ourselves - as Christ did, we offer Him our very lives. Our praise and worship is always united with those on earth and in heaven, as the entire Church is present at every Mass"

This offering also reminds us: "*We are not mere spectators; we are participants.* Though it is the priest who offers these prayers in the name of the community, all present at the Mass can offer their silent prayers with the priest. This is a most opportune time to 'place our intentions on the paten' and unite our offering with our Lord".

This part of the Mass reminds us that we participate in the life of Jesus and that we should live out that participation every day.

Submitted by Rose Ann Schultz, Cluster Eucharistic Revival Committee

Sources: Adapted from "Step-by Step Walk through the Mass" - Part 53 by Fr. Luke Spannagel - National Eucharistic Revival - Eucharistic Preacher <http://www.eucharisticrevival.org> and "A Study of the Mass," p. 16, Diocese of Peoria.

Parish Happenings

Faith Formation classes are held on Sundays at 9:30AM at the Parish Center. February 8th - Class

St. Benedict's Middle and High School Youth Groups
February 1, 6:00-7:30

Middle School: "The Season of Lent," making good choices!

High School Girls: Bible study, "Walking with Purpose: Sisters of Strength"

PIZZA!! Bring a friend!

Hope to see everyone there!!



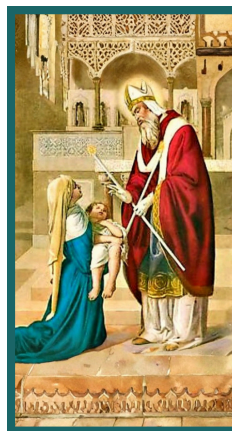
If you are interested in joining the Catholic Church, learning more about the Catholic faith, or just refreshing your Catholic faith please contact Anna Robinson (267-0586) for more information. We will be starting a new OCIA group very soon!



Feast of St. Blaise

Each year, on or near February 3, parishes offer the Blessing of the Throats. Traditionally, candles that were blessed on Candlemas (February 2) are crossed against the throat while the priest or another designated minister prays: "Through the intercession of St. Blaise, bishop and martyr, may God deliver you from ailments of the throat and from every other evil: in the name of the Father, and of the Son, and of the Holy Spirit. Amen."

A Mass for the Blessing of the Throats will be held at St. Benedict's February 3rd at 6:00pm



Prayer List

KC Duffy-Staney
Helena & Jim Brown
Danette Moody
Cathy Cyr Duffy
Riley Wheaton
Ryan Robinson
Beckham Willett
Irene Heath
Janie Cummings
Families Afflicted by Addiction
Our Men & Women
in the Service

"Prayer is honey that flows into the soul and makes all things sweet."
- St. John Vianney,



Capital Campaign Video Update

The Capital Campaign Committee, with the support of the Finance and Parish Councils, recently partnered with professional cinematographer, Taylor Walker, to create a video in support of our Capital Campaign. Our hope is that this video will help us reach a wider audience and ease the burden on those who have already given so generously

Capital Campaign

This is a multi-project campaign for the Church and the Parish Center.

This campaign has a 3-year term ending in June 2027, and a campaign fundraising limit of \$200,000

Money raised so far:

\$74,350.96

Money dispersed: - 34,938.23 (roof)

- 6,379.52 (ramp)

BALANCE: \$33,058.21

Weekly Offertory

January 18th - Regular \$1089.05
Winter Operations \$ 243.80
January 25th - Regular \$ 890.00
Latin American Missions \$ 106.26
February 1st - Regular
Capital Campaign
February 8th = Regular
Heat & Electric

Needed weekly to run the Parish = \$1278.85

The video highlights the history of Benedicta and St. Benedict's and important projects we would like to fund with capital campaign funds. These include repairing and painting the interior of the church ceiling, replacement of the heating system, and an updated parish hall kitchen. Taylor was on site at St. Benedict's on January 16, and we expect the video to be ready within the next month. You can view samples of Taylor's work at www.taylorwalkerfilm.com.

Thank you to those who volunteered to speak in the video. Parishioners who would like to share photos of St. Benedict's or parish events from over the years may email digital copies to Brittany Arbo at brittany.arbo@gmail.com. The cost of the video was privately funded by a parishioner. If you would like to contribute toward this expense, please contact Lisa in the parish office. Thank you for your continued prayers, generosity, and support of our St. Benedict's Parish community.

Date	Lector	EMHC	Alter Server	Offertory Counters*	Greeters
Feb 1	Chris	Brenda	David R	John, Deb & Harold	Ray & Deb Bryant
February 8	Scarlet	Chris	Anna Q	Andrew, Rose & John	Ray & deb Bryant
February 15	Dustin	Anna Q	Silas	Cindy, Harold & Deb	Ray & Deb Bryant

Masses & Intentions February 1st - February 8th

St. Benedict's

Sun Feb 1 10:30AM Joyce Cummings by James & Linda Landis
Blessing of the Throats

Tue Feb 3 6:00PM Parishioners & Visitors

Fri Feb 6 9:00AM Joyce Cummings by Tony Bowers

Sun Feb 8 10:30AM Bobby Duffy by the Family

St. Peter's

Sun Feb 1 8:30AM James Slauenwhite 6th Anniversary by Linda Slauenwhite

Mon Feb 2 8:30AM Orilla & Ted Thibodeau by Rena & Mike Lagasse

Tue Feb 3 4:30PM For All Souls in Purgatory

Sun Feb 8 8:30AM Marsha Norway 8th Anniversary by Bruce & Julie

St. Martin of Tours

Sun Feb 1 12:30PM George Pelletier by The Knights of Columbus #680

Thu Feb 5 4:00PM For All Souls in Purgatory

Sat Feb 7 4:00PM Terry "Digger" Leavitt in honor of his Birthday
by Ann Johnson Leavitt

Sun Feb 8 12:30PM Patrick Sullivan by the Hugues Family

Weekly Readings and Observances of Saints' Days

Readings for the week of Sunday, February 1st - Sunday, February 8th

Sunday Zep 2:3; 3:12-13/Ps 146:6c-7, 8-9a, 9b-10/I Cor 1:26-31/Mt 5:1-12a

Monday The Presentation of the Lord, World Day for Consecrated Life Mal

3:1-4/Ps 24:7, 8, 9, 10/Heb 2:14-18/Lk 2:22-40 or 2:22-32

Tuesday St. Blaise, St. Ansgar 2 Sm 18:9-10, 14b, 24-25a, 30-19:3/Ps 86:1 2, 3-4, 5-6/Mk 5:21-23

Wednesday 2 Sm 24:2, 9-17/Ps 32:1-2, 5, 6, 7/Mk 6:1-6

Thursday St. Agatha I Kgs 2:1-4, 10-12/I Chr 29:10, 11ab, 11d 12a, 12bcd/Mk 6:7-13

Friday St. Paul Miki and Companions Sir 47:2-11/Ps 18:31, 47 and 50, 51/
Mk 6:14-29

Saturday I Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/Mk 6:30-34

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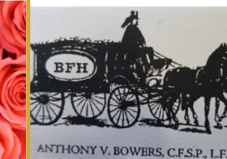


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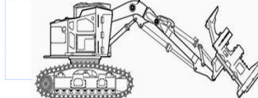
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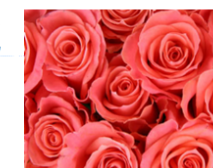
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Your bulletin submissions are welcome and appreciated! Please send them by Thursday morning at 10am Thank you